

The Hygge Life Embracing the Nordic Art of Coziness Through Recipes Entertaining Decorating Simple Rituals and Family Traditions



BOOK DETAILS

- Author : Gunnar Karl Gislason
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BOOK SYNOPSIS

The Scandinavians excel at comfort family, friends, a good atmosphere, long meals, relaxation, and an emphasis on the simple pleasures. They even have a word for this kind of coziness that comes with spending quality time in hearth and home when the days are short: "hygge." Trine Hahnemann is the doyenne of Scandinavian cooking, and loves nothing more than spending time in her kitchen cooking up comforting food in good company. This is her collection of recipes that will warm you up and teach you to embrace the art of hygge, no matter where you live."

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