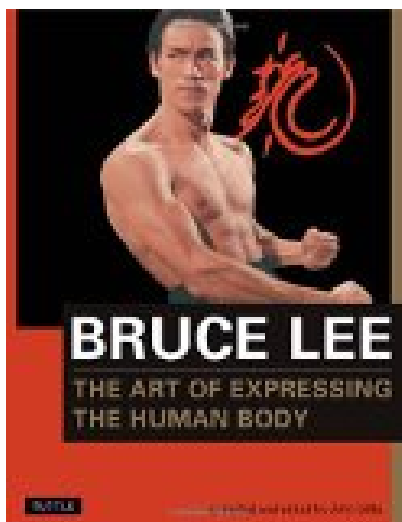


# The Art of Expressing the Human Body

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## BOOK DETAILS

- Author : Bruce Lee
- Pages : 256 Pages
- Publisher : Tuttle Publishing
- Language : English
- ISBN : 0804831297

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## BOOK SYNOPSIS

Bruce Lees intensive conditioning regime is revealed for the first time in this book

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