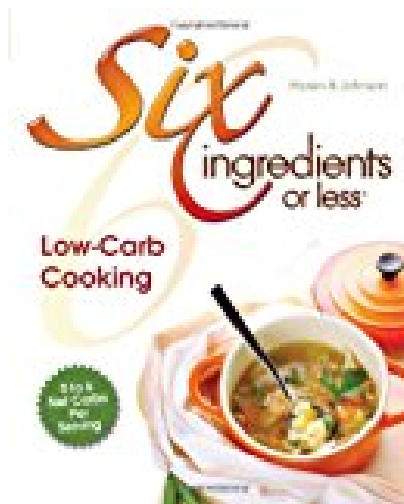


Six Ingredients or Less Low-Carb



BOOK DETAILS

- Author : Carlean Johnson
- Pages : 288 Pages
- Publisher : CJ Books
- Language : English
- ISBN : 0942878078

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BOOK SYNOPSIS

The secret to staying on a low-carb diet is quick and easy recipes using just six ingredients or less. With our busy lifestyles, delicious well-planned meals will bring you a step closer to reaching your goals.

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