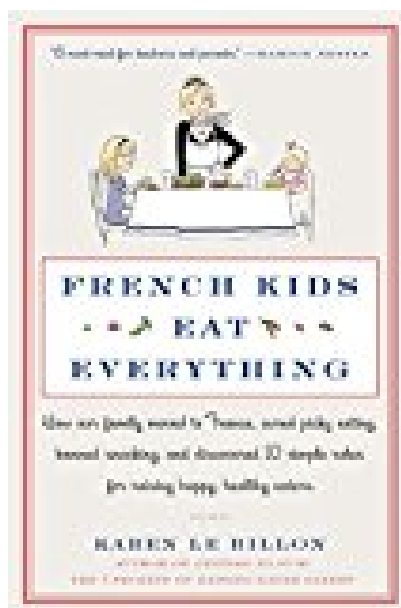


French Kids Eat Everything How Our Family Moved to France Cured Picky Eating Banned Snacking and Discovered 10 Simple Rules for Raising Happy Healthy Eaters



BOOK DETAILS

- Author : Karen Le Billon
 - Pages : 320 Pages
 - Publisher : William Morrow
- Paperbacks
- Language : English
 - ISBN : 006210330X

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BOOK SYNOPSIS

French Kids Eat Everything is a wonderfully wry account of how Karen Le Billon was able to alter her children's deep-rooted, decidedly unhealthy North American eating habits while they were all living in France. At once a memoir, a cookbook, a how-to handbook, and a delightful exploration of how the French manage to feed children without endless battles and struggles with pickiness, French Kids Eat Everything features recipes, practical tips, and ten easy-to-follow rules for raising happy and healthy young eaters—a sort of French Women Don't Get Fat meets Food Rules.

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